

# Prostate Cancer Treatment Overview

## There Are A Number Of Treatments Available For Prostate Cancer.

At **Birmingham Urology Centre**, our expert urologists can help you understand the best treatment option, which depends on:

- The size and spread of your cancer
- How fast your cancer is growing
- Your overall health and family history

## Localised Prostate Cancer Treatments

- Active surveillance
- Robotic-assisted laparoscopic prostatectomy (RALP – Da Vinci TM robot)
- External beam radiotherapy (EBRT)
- Brachytherapy (internal radiotherapy)
- Hormone therapy
- Chemotherapy
- Immunotherapy

## Advanced Or Metastatic Prostate Cancer Treatments

- Hormone treatment
- Chemotherapy

## Risk Calculators

At **Birmingham Urology Centre**, we carefully counsel men and outline the benefits and risks of each treatment approach using risk calculators, to help you choose the best course of action.

### For patients concerned about having prostate cancer:

- **Prostate Cancer Risk Checker:** . Please note that the risks mentioned here relate to transrectal biopsy. However, we offer a safer alternative called **local anaesthetic transperineal biopsy**, which has much lower risks.

### For patients considering treatment options for confirmed localised prostate cancer:

- **Predict Prostate**

**For patients considering radical treatment for confirmed high-risk prostate cancer:**

- **Briganti**
- and*
- **Memorial Sloane Kettering pre operative risk calculator**

**For patients who have had surgery for their prostate cancer:**

- **Memorial Sloane Kettering post operative risk calculator**

## **Why Choose Birmingham Urology Centre?**

At **Birmingham Urology Centre** we provide our patients with the highest standard of care and support and are pleased to offer robotic-assisted laparoscopic prostatectomy (RALP) to suitable candidates. This approach offers several advantages over traditional open prostatectomy, including shorter hospital stays, reduced blood loss, quicker recovery to normal activities, and faster return to urinary continence.

## **Contact Us**

If you are concerned about your risk of prostate cancer and would like advice about testing, or if you've been diagnosed with prostate cancer and want to explore your treatment options, don't hesitate to contact us today. Our team at Birmingham Urology Centre is here to provide you with expert guidance and personalised care.